Client Name: Janet **Date:** 12/29/2011 **Relationship to Client:** Friend

Subjective:
Janet stated that she was "wicked tired". Her major complaint presently is that her hands have been going numb, becoming tingly with a burning sensation. This happens both when she is doing nothing and also when she is using her hands. She received a diagnosis of neck disc issues in 2004, but has been fine up until now. She wondered if her neck is now becoming problematic.
She is concerned also about her weight gain (20 pounds in the last 5 months). Emotionally, she has experienced no recent outrages or anger outbursts (something that has troubled her in the past). Janet admitted to putting herself on the back burner during the last month in dealing with her mother's issues. She stated that she realizes that this has been an excuse to not take responsibility for herself. She also stated that it is too much trouble to take care of herself and she is very aware of this issue and of this dynamic. She is also feeling resistant to change. Janet summed up her feelings of fatigue and weight gain as her major problem areas at this time. Janet appeared very lethargic before the healing. Her eyes were half-closed and she was sighing throughout our discussion. She was lying on the table, on her side, with her head down. I felt that her 3rd chakra was most likely the focus this time, as her will center, her power, and her ability to cope seemed compromised.

Objective: I did the Candida and Parasite Healing.
The very first image that came to me during the chakra balance was the Tin Man from the Wizard of Oz. There was a robotic-like feel to Janet's body, taut, rigid, having to be strong and holding it all in. As we progressed, this image morphed into the Scarecrow – mellow, floppy, soft, and pliable. Muscle testing indicated yeast overgrowth in Janet's neck and in both of her knees. When I put my hands over Janet's 2nd chakra at the end of the healing I silently said "Whoa, what's this??" as it felt like a furnace radiating intense heat right under my hands. I've never experienced that sensation before, and it got my attention. During the filling of rose light to Janet's neck I saw a rosy, silvery, very light and airy, ethereal boa-like scarf wrap itself gently around her neck. I registered the thought that it was there for a reason and supposed that it was going to do some healing for her (but I wasn't attached to the outcome!). For me, it was a healing that gave me new experiences and sensations. After the healing, Janet was markedly more awake and energetic than she was before the healing. She was sitting up and animatedly talking and moving more freely.

Assessment of Client: Janet said that her energy level was up and that she no longer felt the weighted fatigue that she had been experiencing prior to the healing. She described it as completely relaxing, almost to the point of drifting off to sleep, but she did manage to stay awake throughout the healing. She said she felt someone still holding her feet during the chakra balance after I had moved to her upper body. She felt a surge of heat over her 2nd chakra right when I was filling it with rose light. She felt this at the same time that I did. She described it as coming from my hands into her, and I described it as coming up out of her 2nd chakra into my hands. She also inwardly thought, "Whoa!" as it got her attention in a similar way as it had for me. It was a truly neat validation of our twin experiences. She said she felt a soft, warm feeling while I was closing over her 6th chakra. This timing also coordinated with my image of the rosy scarf enveloping her neck and head. She felt as though something had been lifted. She felt generally lighter, more energetic, and stronger. In her own words, she said, "It feels like a heavy wet blanket has been removed."

Personal Assessment:
Janet described being both physically and energetically fatigued, weighted down, and resistant to change. I experience those sensations as well in my own life. The issues are different – Janet battles with her weight, caring for her mother, with financial and job issues, and with a resistance to making changes that seem too difficult or insurmountable. I deal with relationship issues, with personal life choices, and with speaking up and being present that, at times, seem to be too difficult to deal with and seem to be insurmountable, too. We both practice avoidance and procrastination that only make our problems and issues loom larger.

	Before	After
1a	CC2	C5
2a	C2	C5
3a	Stopped	C3
4a	FR2	C3
5a	FV2	C5
6a	CC2	C4
7a	CC2	C5
2b	FL2	C6
3b	Stopped	C6
4b	CCOL2	C5
5b	FR2	C5
6b	FR4	C4

Summary:
I don't think I've ever gotten quite an array of pendulum readings before a healing as I did this time. Most notably was Janet's stopped 3rd chakra, both front and back. Her will was depleted, missing-in-action, and this was visible in her pre-healing demeanor, as well as in her discussion of her resistance to change and her lack of will-power when it comes to controlling her weight and getting herself up and moving to deal with her issues instead of putting herself on the back burner, as she described. The skewed pendulum results before the healing also coincide with my sense of her rigid, robotic presentation. Her readings after the healing match her upbeat, energetic and much lighter demeanor. This definitely proves that open and functioning clockwise-spinning chakras make for a healthier mind and body.